

Practice and Exploration of Ideological and Political Education on the Teaching of Basic Nursing

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Abstract: Carrying out “course ideology and politics” in the teaching of professional courses is a new model of ethics in current vocational colleges. This article uses the “Basic Nursing” course as an example to analyze the significance and perplexity of the course curriculum. Describes the ideological, political and humanistic elements in the teaching of “Basic Nursing” and its development methods and methods.

1. Introduction

Led education, since ancient times, entered the new era, ideological and political education in colleges and universities is more important, it is the cornerstone to ensure the quality of talent training [1]. General Secretary Xi Jinping emphasized at the National College Ideological and Political Work Conference that it is necessary to persist in taking Lideshuren as the central link, to integrate ideological and political work throughout the entire process of education and teaching, and to make good use of classroom teaching as the main channel for various courses and ideological. The theoretical course goes in the same direction, forming a synergy effect. Under this situation, the new concept of “course ideology and politics” came into being. “Curriculum ideology” is a teaching model that demonstrates the value of the curriculum from the perspective of educating people, uses ideological and political education resources of various courses, and is committed to improving students' ideological level, political awareness, moral quality, and cultural literacy [2]. Nursing work requires practitioners to have skilled professional skills, good humanistic qualities and noble moral qualities. Nursing education has the mission of cultivating high-quality nursing talents. How to integrate curriculum ideology and politics in professional teaching, implement curriculum education, is Issues that a nursing educator needs to take seriously and think about. This article elaborates the practice of “course ideology and politics” in the teaching of the core course of nursing major “Basic Nursing”.

2. Necessity and Significance of Ideological and Political Education in the Course of Basic Nursing

“Basic Nursing” is a professional core curriculum in the nursing professional curriculum system, and its teaching task is to enable students to master the basic knowledge, basic theory and basic skills of nursing, so that students have the basic professional competence for nursing jobs. This course plays an important role in helping students shape professional spirit, enhance professional value recognition, and cultivate professional literacy. Therefore, if the ideological and political education can be effectively integrated in the course teaching, while teaching the basic knowledge and skills of nursing, it can cultivate students' professional qualities of love and dedication, dedication and sacrifice, and establish a professional spirit of respect for life and care for patients. A rigorous and pragmatic attitude towards excellence.

3. Difficulties and Obstacles of Ideological and Political Education in the Course of Basic Nursing

“Basic Nursing” is a professional course with strong practicality. Professional teachers

emphasize more on the mastery of students' nursing knowledge and skills during teaching, pay attention to the cultivation of nursing skills, and focus on the standardization and proficiency of student operations, neglecting The hidden humanistic literacy and professional ethics of nursing skills operation. Facing the new thing of “course ideology and politics”, many professional teachers either resist, don't be confused, or wait and see. They think that the professional teacher's responsibility is to impart professional knowledge and skills. “Other people”, not enthusiastic, unwilling to work. “Curriculum ideology” requires a more latent form to infiltrate ideological and political education into the teaching of professional courses, which puts forward higher requirements on teachers' professional level, humanistic literacy, and teaching ability, which has led some professional teachers to develop intentionally. “Course ideology” is unable to carry out work.

There are no ready-made teaching materials and limited teaching resources for conducting “course ideological politics”. Teachers need to explore the ideological and political elements related to the courses taught, find entry points in teaching, and integrate ideological and political education into the professional course teaching to achieve “ “Sizhengyu courses and courses integrate ideological politics”, to achieve the unity of “teaching” and “educating people”, seemingly simple, but in fact there are many difficulties. How to organically integrate education goals with teaching goals, how to infiltrate ideological and political elements into teaching content, how to make cold professional knowledge and skills have temperature and emotion, and how to make students' professional skills skilled and dedicated, all need teachers. Especially for professional teachers to think and explore, this is the commitment of time and energy, which is a brand new challenge for professional teachers.

4. Ideological and Political Elements and Humanistic Education in the Teaching of Basic Nursing

Patriotism is the individual's sense of belonging and identity to his homeland, as well as nationality and culture.

Unity of dignity and honor. College students are the elite of society and the backbone of the country. They shoulder the major mission of the rejuvenation of the Chinese nation. The patriotic education of college students cannot be delayed. When teaching the content of “Isolation and Prevention of Diseases of Different Transmission Paths”, combined with the knowledge of isolation and prevention of infectious diseases, it is intended to introduce China's great achievements in the prevention and control of infectious diseases, especially in the spring of 2020, the Chinese people will fight against them The new type of coronavirus pneumonia has demonstrated to the world the determination and confidence of the Chinese nation in facing a severe epidemic. The Chinese government and the Chinese people's ability and efficiency in epidemic prevention and control have been recognized and praised by the international community. Through the real events in which students are living, they stimulate their patriotism and implement patriotism education.

Values are cognitions, judgments, or choices made based on certain thinking and senses; belief is where the individual's trust lies, as well as the individual's value, and it is the fundamental belief that the individual has long insisted on and defended. In the spring of 2020, the countless touching “anti-epidemic” stories in the fight against “new pneumonia” are fresh cases of “course ideology and politics”. Academician Zhong Nanshan, 84, fought against the current situation and fought on the front line of the epidemic; “Whistler” Dr. Li Wenliang; “Anti-epidemic” asked the doctors and nurses to show their bright red handprints ... which perfectly explained what faith is. Introducing these tearful and touching stories into the classroom teaching, touching the heart of the students, causing students to think about their own responsibilities and social responsibilities, helping students to establish a sense of social responsibility and professional mission, and consciously integrating personal values with professional values and social values.

Professional ethics is the code of conduct that practitioners should follow in their professional activities, which is usually reflected in professional beliefs and attitudes and professional behaviors. Nursing work is a professional activity that serves human life and health. Medical nursing activities that are not bound by professional ethics are unimaginable. The professional ethics education of

medical staff should be strengthened and the cultivation of professional ethics for nursing students should be emphasized. In the chapter of “drug therapy”, when teaching the principles of dosing and injection, teachers should emphasize the necessity and importance of following the operating principles and following the operating procedures. Students can be made aware of the nursing work in combination with clinical real-life adverse events. It disregards the operating principles and the serious consequences of violating the operating rules, in order to cultivate students' rigorous, standardized, pragmatic and professional attitude.

Professional honour is an affirmation and praise for fulfilling certain social obligations. As a high-level component of professional ethics, professional honour can improve practitioners' professional self-discipline, strengthen professional beliefs, nurture professional responsibilities, and stimulate professional enthusiasm. In teaching, the teaching content can be combined to cultivate a sense of professional honor for nursing students. For example, when teaching the content of “intravenous infusion method”, we can introduce the nurses of intravenous therapy in our state for preterm infants 9 hours after birth (26 + 5 weeks of pregnancy) The successful placement of PICC allowed the rescue work to be carried out in a timely manner and the actual clinical case of the child's life being saved, so that students understand that although the nursing work is ordinary and hard, it is also sacred and great, and ordinary posts can also have extraordinary actions. .

It is the sacred duty of medical staff to save lives and help the wounded. Medical students should have a scientific outlook on life and death. In the chapter of “Hospice Care”, the teaching goal is not only to enable students to master the knowledge and methods of hospice care, but also to clearly define the teaching goal of “establishing a correct outlook on life and death and respect for life”, to guide students to correctly understand life, death and death, and to educate students to fear life Respect life, cherish life, so love life, cherish the present, live up to time, and expand the breadth of life in a limited life length.

Nursing technical operation is only technical operation, not nursing, without humanistic care. Humanistic literacy allows nursing technical operation to have emotion, temperature and depth. When teaching the content of “Excretion Nursing-Urinary Catheterization”, in addition to letting students master the operation purpose and operation method, teachers should pay attention to the humanistic care elements contained in this operation, and intentionally emphasize such as communicating with patients before operation. Relieve patients' concerns; dismiss irrelevant personnel when preparing the operating environment, close doors and windows, and block curtains to protect patient privacy and maintain patient self-esteem; carefully guide the patient during the operation so that the patient cooperates with other operating details to make students understand and penetrate during nursing operations Humanistic care can make patients feel the care and love from nurses, and get comfort and encouragement.

5. Paths and Methods of Ideological and Political Education in Basic Nursing

Teachers are the main body of ideological and political implementation of the curriculum, and it is important to improve teachers' ideological and political consciousness, ideological and political quality and ideological and political ability [3]. To carry out “course ideology and politics”, professional teachers should carefully study and understand the spirit of relevant documents, strengthen the sense of identity with the course ideology and politics, clarify the responsibility of “teaching and educating people,” and consciously combine the transfer of knowledge with value guidance in teaching. Skills The integration of training and quality training will integrate the fundamental tasks of Lide Shuren into the whole process of daily teaching.

Learning high as a teacher, being a fan; being a teacher and believing in his own way. The serious and practical work attitude, profound professional knowledge, strong humanistic literacy, and decent speech and behavior revealed in the teachers' daily teaching have a subtle influence on students. Therefore, nursing teachers should strengthen their own learning, constantly increase their professional knowledge reserves, improve their humanistic literacy, pay attention to their daily words and deeds, and influence students with a rigorous work attitude and a positive and healthy attitude towards life.

“Course ideology and politics” must first solve the problem of how to tap the ideological and political elements in the course teaching. The ideological and political education in the new era and new situation covers the inheritance of national culture, ideological and political education, the development of social and legal awareness, the guidance of belief values, and the spirit of personality. Shaping and many other aspects. As a professional course teacher, you must not only thoroughly understand the professional course teaching content, but also care about national affairs and social hotspots, pay attention to the collection and arrangement of daily ideological and political education materials, and continuously accumulate and refine ideological and political education resources related to professional courses. Preparation for ideological and political education. News events, social hotspots, and focus issues are all good ideological and political materials. Real and concrete, pictures and texts are more able to touch students and arouse students' resonance.

The integration of ideological and political education in the teaching of professional courses must grasp the timing and pay attention to moderation. In teaching, we must seize the integration of ideological and political elements and teaching content to find the right entry point. For example, in the chapter of “Hospice Care”, when teaching the content of “Death and Post-Death Care”, the theme of “euthanasia” can be used to guide students to carry out special discussions about the value and meaning of life; “Injection” is a nursing technology operation. In the face of a nursing simulator, it is also necessary to explain the purpose of the operation in a soft voice, place the body lightly and steadily, carefully check the content of the doctor's order, and take care of humanities, professional responsibilities, and operating standards. The fusion of “quiet and silent” operating procedures permeates together, allowing ideological and political education to exert the effect of “spring breeze, rain and no sound” in the operation demonstrations and exercises.

Practical teaching is the main teaching form of “Basic Nursing”. It can organically combine the transfer of nursing theoretical knowledge with nursing operation skills training. It not only allows students to master nursing knowledge skills, but also helps to cultivate students' professional habits, sense of responsibility, and humane care. And communication skills. Teachers should be good at “designing” and make full use of all aspects of practical lessons to cultivate students' professional qualities. For example, the standard dress code in practical lessons is the external manifestation of professional spirit; the arrangement of items and the clean environment after each class can train students to be good. Occupational habits; even when faced with a nursing model person, smiling, light and stable movement is an internalization of professional attitude; in the nursing operation, the hands are heated to diagnose the pulse, and the stethoscope chest piece is warmed by hand. During the auscultation, these details reflect the attentiveness and love of the nurse, and are the embodiment of nursing humanity. Through the simulation of situations and role-playing in practical teaching, the nursing professional skills and nursing humanities, ideological and political elements are “blended with water and milk”, and the cultivation of skills and morals is realized.

Lide people, the root of education. Incorporating ideological and political education in the teaching of professional courses is an inevitable trend to implement the fundamental task of Lideshuren education in the new situation, and it is an important way to realize the ideological and political education throughout the whole process of educating people [4]. As a professional course teacher, we must clarify the sense of responsibility for educating people in the course, and consciously integrate ideological and political education with professional course teaching in the teaching process. While imparting knowledge and skills to students, we must cultivate students' moral qualities and cultural qualities. Achieve teacher duties of “preaching, teaching, and solving confusion.”

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